

Castle View Primary School PSHE Curriculum

Autumn 1, Year 2 – *Me and My Relationships*

Prior Learning:

- Feelings
- Getting help
- Classroom rules

SCARF Objectives:

- To explain some ways that I can get help if I am being bullied and what I can do if someone teases me.
- To suggest rules that will help to keep us happy and friendly and what will help me keep to these rules.
- To describe what makes a good friend and explain how I try to be a good friend.
- To explain the difference between bullying and unkind isolated behaviour whilst understanding that both are unacceptable.

Assessment Questions:

- Does everyone show their feelings in the same way?
- How can you help someone whose feelings are making them feel uncomfortable?
- What are some things a good friend might do/not do?
- What makes bully different to isolated unkind behaviour?
- What strategies are in place to prevent bullying in our school? Who could help?

Key vocabulary:

Relationships, rules, safe, happy, caring, feelings, bullying, behaviour, repeated, isolated, friendly, friendship, unkind, strategies

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Autumn 2, Year 2 – *Valuing Difference*

Prior Learning:

- Recognising, valuing and celebrating difference
- Developing respect and accepting others
- Bullying and getting help

SCARF Objectives:

- To identify some of the physical vs non-physical similarities and differences between people.
- To suggest and use strategies for helping myself or someone who feels left out.
- To describe/demonstrate good listening skills and explain why they help to understand a different point of view.

Assessment Questions:

- Are we all good at the same thing?
- In what ways are we unique?
- How do our special people help us?
- How could you show active listening? Why is this important?

Key vocabulary:

Similarity, difference, unique,
respect, physical, non-physical,
strengths, special people,
feelings, cooperate, listening,
problem

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Spring 1, Year 2 – *Keeping Safe*

Prior Learning:

- How our feelings can keep us safe
- Keeping healthy
- Medicine Safety

SCARF Objectives:

- To explain that medicines can be helpful or harmful and discuss examples of how they can be used safely.
- To give other examples of touches that are ok or not ok (even if they haven't happened to me) and identify a safe person to tell if I felt 'not OK' about something. Recall PANTS rules.
- To give examples of safe and unsafe secrets, and safe people who can help if something feels wrong.

Assessment Questions:

- What else could you do to feel better without taking medicine?
- What secrets is it ok to keep?
- What touches are ok/not ok?
- Who can we talk to if something is bothering us? What should we do if they are busy?

Key vocabulary:

Healthy, sleep, medicine,
safety, better, helpful, harmful,
feelings, touch, comfortable,
body language, facial
expression, surprise, secret,
safe, unsafe, tell

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Spring 2, Year 2 – *Rights and Respect*

Prior learning:

- Taking care of things:
 - Myself
 - My money
 - My environment

SCARF Objectives:

- To describe strategies for having a good relationship with others in the classroom.
- To understand that people have choices about what they do with their money.
- To identify special people in school and the community who can keep them safe, and how to ask them for help.
- To know the importance of keeping personal information private, when online and only talking to people they know in real life.

Assessment Questions:

- What do we mean by spending and saving?
- What can we all do to help everyone do their best in school?
- Does everyone use their money in the same way?
- Who in school can help you if something makes you worried?
- Who can you talk to online? What can you share?

Key vocabulary:

environment, responsibility,
help, share, take turns, listen,
feelings, control, erupt, money,
spending, saving

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Summer 1, Year 2 – *Being my Best*

Prior learning:

- Growth Mindset
- Healthy eating
- Hygiene and health
- Cooperation

SCARF Objectives:

- To name different parts of my body that are *inside* me and help to turn food into energy.
- To know what I need to get energy (food, water, oxygen).
- To give examples of the things I do to keep healthy, including looking after my teeth, eating healthy food, exercise and rest say and how I try to make sure I do these things regularly.
- To explain how setting a goal / goals will help me to achieve what I want to be able to do.

Assessment Questions:

- Where does our body get energy from?
- How do we keep our bodies clean and healthy?
- What could you do if you wanted to get better at something?
- What is our hearts job in our body?

Key vocabulary:

Practice , encourage, challenge,
goal, achieve, teeth, dental,
hygiene, brain, heart, lungs,
stomach, food, water, oxygen,
clean, healthy

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Summer 2, Year 2 – *Changing and Growing*

Prior Learning:

- Getting help
- Becoming independent
- My body parts
- Taking care of myself and others

SCARF Objectives:

- To know who helps us grow (people who look after us) and what things I can now do myself that I couldn't when I was younger.
- To give examples of how it feels when you have to say goodbye to someone or something (e.g. move house).
- To give examples of how to give feedback to someone.
- To explain what privacy means and how to respect someone's privacy (inc. body parts and good/bad touches).

Assessment Questions:

- How can you keep in touch with someone who moves away?
- What are some of the things you could do now that you couldn't when you were younger?
- What sort of things will you be able to do when you are older?
- What is privacy? Which body parts are private?

Key vocabulary:

Help, support, supportive, change, loss, feelings, nervous, emotions, growing, learning, rest, praise, privacy, privates, safe, appropriate, inappropriate