Castle View Primary School PSHE Curriculum
Autumn 1, Year 3 – *Me and My Relationships*

Prior Learning:
- Bullying and teasing
- Our school rules about bullying

SCARF Objectives:
- To accept the views of others and understand that we don't always agree with each other.
- To provide lots of ideas about what I do to be a good friend and explain some different ideas for how I make up with a friend if we've fallen out.
- To suggest strategies for maintaining a positive relationship with their special people.
- To rehearse and demonstrate simple strategies for resolving given conflict situations.

Key vocabulary:

Rules, safety, friendship, compromise, conflict, point of view, strategies, calm, apologise, opinions, respectful, courteous, dare, persuade

Assessment Questions:
- Do all places have the same rules? (e.g a park, a swimming pool, a school)
- What do we do to make our special people happy?
- Does it matter if not everyone agrees?
- What strategies could you use to make up with a friend?

Castle View Primary School PSHE Curriculum
Autumn 2, Year 3 – *Valuing Difference*

Prior Learning:

- Being kind and helping others
- Celebrating difference

Key vocabulary:

feelings, respect, cooperation, politeness, courtesy, manners, family, adoption, fostering, same-sex, blended, community, belonging, identity, prejudice, disability, race, gender, disability

SCARF Objectives:

- To give examples of different community groups and what is good about having different groups (inc. different types of families).
- To talk about examples in our classroom where respect and tolerance have helped to make it a happier, safer place.
- To give examples of respectful language; including how to challenge another's viewpoint, respectfully.

Assessment Questions:

- Explain what is meant by 'adoption', 'fostering' and 'same-sex relationships'.
- What are the good things about being part of a community?
- What qualities do people from different backgrounds need to get on together?
- What is good about being different to each other?
- What might be the things that people are prejudiced against?

Castle View Primary School PSHE Curriculum
Spring 1, Year 3 – *Keeping Safe*

Prior Learning:

- Safe and unsafe secrets
- Appropriate touch

SCARF Objectives:

- To know what I could do to make a situation less risky or not risky at all.
- To explain why things other than drugs can be helpful and harmful to a person's health, and what can influence a person to take risks.
- To explain a few things about keeping my personal details safe online, and explain why information I see online might not always be true

Key vocabulary:

Trust, safe, unsafe, danger, risk, strategies, internet safety, search engine, phishing, browsing, medicines, harmful, helpful, drugs, cigarettes, nicotine, alcohol

Assessment Questions:

- What are the things we can do to keep ourself safe?
- What is the difference between danger and risk?
- What are some strategies for safe browsing online?
- What other ways can you 'help' your body to be healthy, other than medicines?
- What are some of the key effects from smoking?

Castle View Primary School PSHE Curriculum
Spring 2, Year 3 – *Rights and Respect*

Prior Learning:
- Cooperation
- Self-regulation

Key vocabulary:

responsible, helper, fact, opinion, volunteer, wellbeing, income, saving, spending, earn, environment, waste

SCARF Objectives:
- To explain some ways of checking whether something is a fact or just an opinion.
- To know how I can help the people who help me and give an example of this.
- To understand that the amount people get paid (income) is due to a range of factors -skill, experience, training, level of responsibility etc.
- To evaluate and explain different methods of looking after the school environment.

Assessment Questions:
- Who are the key people responsible for your healthy and safety?
- How would you know if something was a fact or an opinion?
- What is a volunteer? Why do you think they do this?
- Why do people have different incomes?
- Why is it important to look after our school environment?

Castle View Primary School PSHE Curriculum
Summer 1, Year 3 – *Being my Best*

Prior Learning:

- Growth Mindset
- Looking after my body

SCARF Objectives:

- To explain how each of the food groups on the Eatwell Guide benefits the body.
- To give a few examples of things that I can do to take ownership of my healthy and give an example of something that I've done which shows this.
- To explain and give an example of a skill or talent that I've developed and the goal-setting that I've already done (or plan to do) to improve it.
- To develop skills in discussion, empathy and debating.

Key vocabulary:

Balanced diet, protein dairy, carbohydrates, fruit and vegetables, hygiene, clean, rest, sleep, cleanliness, debate discussion, justify, goals, improve, achieve, ambition, skill, talent

Assessment Questions:

- How do dairy and protein help our body?
- What ways can we have good personal hygiene?
- Why is personal hygiene important?
- How does goal-setting help us to get better at something?

Castle View Primary School PSHE Curriculum
Summer 2, Year 3 – *Changing and Growing*

Prior Learning:

- Life cycles
- Dealing with loss
- Being supportive

Key vocabulary:

relationships, positive, healthy, trust, caring, body space, invade, uncomfortable, stop, respect, touch, puberty, egg, sperm, period

SCARF Objectives:

- To name a few things that make a positive relationship and some things that make a negative relationship.
- To explain what happens to the woman's body when the egg isn't fertilised, recognising that it is the lining of the womb that comes away.
- To identify when someone hasn't been invited into my body space and show how I can be assertive in asking them to leave it if I feel uncomfortable. (PANTS rules).
- To know the difference between safe and uunsafe secrets.

Assessment Questions:

- Why are positive relationships important?
- What are the PANTS rules?
- Is it ok for someone you don't know to ask you to send a photo of yourself?
- What are some of the changes to boys/girls bodies during puberty?
- Are all secrets surprises?